



MARCH 2019 RECREATION & ACTIVITIES

(schedule and activities subject to weather and changing conditions – visit Recreation Desk for updates)





GUIDED RECREATION

TOURING & HIKING



'Wonders of Yosemite' Hike & Tour

Let us do the driving while you enjoy the beauty and grandeur of Yosemite during our unique combination Yosemite Valley and Giant Sequoia guided naturalist tour. This two-in-one full day tour offers an unparalleled Yosemite experience, and includes a modest 2½ or 3-mile round trip walk through old growth forest to a majestic Sequoia grove. *Reservations recommended, 9:15am-5:15pm, \$160 per adult, \$90 per youth (8-12)*

Giant Sequoia Hike or Snowshoe

Experience the beauty of a snow-covered Yosemite and the majesty of the Giant Sequoias on this 3-mile round trip hike or snowshoe adventure. The stunning contrast of white snow against the reddish bark of the sequoias, the largest living species on earth, is like nothing you have ever seen. Our guides will share knowledge about the Park and the sequoias, and they will help make sure your experience is fun and inspiring! *Reservations recommended, 9:15am-1:15pm, \$100 per adults, \$55 per youth (8-12)*

'Range of Light' Yosemite Valley Naturalist Tour

The 'Range of Light' is what John Muir called the Sierra Nevada mountain range. We'll take the wheel so you can focus your attention of the beauty and grandeur of Yosemite Valley during this classic guided naturalist tour. This excursion showcases the Valley's most famous and impressive features, as well as its hidden secrets, and gives you insight into John Muir's legacy.

Reservations recommended, 9:15am-3:15pm, \$130 per adult, \$70 per youth (4-12)

Hetch Hetchy Wapama Falls Historic Naturalist Hike (Departs from the Evergreen Lodge.)

Explore Yosemite's hidden gem, Hetch Hetchy, a dramatic crowd-free jewel, complete with domes, waterfalls and an idyllic, serene feel. On this 5-mile hike you'll learn about Hetch Hetchy's long and storied history as we make our way among creeks and small meadows to the beautiful 1,000-foot Wapama Falls.

Reservations recommended, 10am-2:30pm, \$100 per adult, \$55 per youth (8-12)

Rim of the Valley Snowshoe Adventure

Snowshoe to one of the finest overlooks in all of Yosemite: Dewey Point. You will see incomparable views of El Capitan, Yosemite Valley, Three Brothers and other famous Yosemite landmarks. Our guides will share you their intimate knowledge of the Park and make sure your snowshoe experience is a fun inspiring adventure and highlight of your stay!

Reservations recommended, 8:30am-5:30pm, \$170 per adult (12 and up)

Difficulty: Intermediate to Strenuous

Yosemite Valley Stagecoach Naturalist Hike and Tour

Come see Yosemite Valley at its wintertime finest with this combination Valley tour and guided hike along an abandoned stagecoach route to one of Yosemite's most spectacular, historic and least known vistas! We'll visit the Valley's most famous vistas and enjoy a variety of stops along the way.

Reservations recommended, 9:30am-4:45pm, \$100 per adult, \$55 per youth (8-12)

****AVAILABILITY OF SNOWSHOEING TRIPS IS SUBJECT TO SNOW CONDITIONS****

FOR AVAILABILITY & RESERVATIONS:

Visit www.RushCreekLodge.com/Explore; email Recreation@RushCreekLodge.com; call (209) 379-2373 extension 3; or visit the Recreation Desk in the Guest Lounge.

DAILY ACTIVITIES



STARGAZING



Stargazing at Rush Creek

Experience the night sky like never before! Up close to nature's light show, you'll be gazing through our 12" aperture Dobsonian telescope with go-to tracking technology. Learn about constellations, observe planets, nebulas, galaxies, and other celestial wonders.

\$35 per adult, \$10 per youth (12 and under). Advance reservation required, please contact Recreation Desk for availability and details.

WELLNESS



Therapeutic Massage

Round out your Yosemite adventure with our talented team of certified massage therapists. Our revitalizing massages include a balancing Rush Creek Signature, relaxing Swedish, therapeutic Deep Tissue, soothing Hot Stone, and comforting Pregnancy massage. More treatments and enhancements are available.

Advance reservation required, 25, 50 and 80 minute sessions available.

Visit Recreation Desk for availability and details.



Hatha Flow Yoga Session

Join us for an energizing Hatha Flow yoga session. We combine slow and fluid movements, deep stretches and breathe work! Classes are designed for all ability levels. Must be 15 or older to participate.

Advance reservation required. 60-minute session, \$25 per person. 2-person minimum.

Contact Recreation Desk for availability and details.

RENTALS



Rental	Price	Deposit
Snowshoes	\$25/adult full-day or \$15/kid full-day	\$200
Trekking Poles	\$10/full-day	\$75
Backpack Kid Carrier	\$25/full-day or \$15/2-hours	\$250
Daypack	\$10-full day	\$50
Binoculars	\$15-full day	\$150

Visit the Recreation Desk in our Guest Lounge for more information. Deposits are refunded upon return to Recreation Desk.

TASTINGS & EVENTS



California Craft Beer Tasting

Sample at least 4 beers indigenous to the Golden State, while learning the history and art behind the craft. Cost includes a souvenir tasting glass and snacks.

Advance reservation required, please contact Recreation Desk for availability and details.

6-7:30pm, \$25 per person (four-person minimum, ages 21 and over).

Karaoke

Join us every Friday night with our host Sam for some sign-your-heart-out karaoke and a ton of fun with friends and family! We've got thousands of songs on our playlist, so you're sure to find something to sing! Sing by yourself, in a pair or as group—it's just a bit of fun.

8-10pm, Friday Nights in the Tavern

DAILY ACTIVITIES



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NOTE: Activities are complimentary except as noted.

Monday

- **Kids Craft**, 10am-3pm, Game Room. Join us for a self-guided, kid-friendly craft!
- **Basket Weaving**, 3-5pm, Purchase from Recreation Desk (\$5 per basket). Weave your own reed basket to take home with you.
- **Yosemite Miwok Talk**, 7pm, Guest Lounge. Learn about the native people of Yosemite and hear stories of their life in the valley.
- **S'mores**, 6pm-8pm, Outdoor Fire Pit. A classic campfire treat of marshmallow, chocolate and graham cracker!

Tuesday

- **Kids Craft**, 10am-3pm, Game Room. Join us for a self-guided, kid-friendly craft!
- **Crack Your Own Geode**, 3-5pm, Purchase from Recreation Desk (\$5 per geode). Crack your very own geode and discover the crystals that lie within.
- **Bingo!** 7pm, Guest Lounge. Great for the entire family. Win prizes!
- **S'mores**, 6pm-8pm, Outdoor Fire Pit

Wednesday

- **Kids Craft**, 10am-3pm, Game Room. Join us for a self-guided, kid-friendly craft!
- **Wood Cookie Craft**: 3-5pm, Game Room. Create a personalized piece of art, made from a wood cookie.
- **Rim Fire Talk**, 7pm, Guest Lounge. Join us as we discuss California's 5th largest wildfire, the 2013 Rim Fire, and its impact on the surrounding Stanislaus National Forest and Yosemite National Park.
- **S'mores**, 6pm-8pm, Outdoor Fire Pit

Thursday

- **Kids Craft**, 10am-3pm, Game Room. Join us for a self-guided, kid-friendly craft!
- **Animal Tracks**, 3-5pm, Game Room (\$5 per track). It's time to get creative, using clay and life size animal track molds, create your own animal imprint to take home.
- **Wildlife Talk**, 7pm, Guest Lounge. Learn about some of Yosemite's plants and animals.
- **S'mores**, 6pm-8pm, Outdoor Fire Pit

Friday

- **Kids Craft**: 10am-3pm, Game Room. Join us for a self-guided, kid-friendly craft!
- **Crack Your Own Geode**, 3-5pm, Purchase from Recreation Desk (\$5 per geode). Crack your very own geode and discover the crystals that lie within.
- **Rock Talk**, 7pm, Guest Lounge. Learn all about geology and how it plays into the beauty of Yosemite.
- **S'mores**, 6pm-8pm, Outdoor Fire Pit

Saturday

- **Kids Craft**: 10am-3pm, Game Room. Join us for a self-guided, kid-friendly craft!
- **Owl Pellet Activity**, 3-5pm, Purchase from Recreation Desk (\$5 per pellet). Have you ever wondered what an owl has for dinner? Find out by dissecting an actual owl pellet in this fun hands-on activity.
- **Bingo!** 7pm, Guest Lounge. Great for the entire family. Win prizes!
- **S'mores**, 6pm-8pm, Outdoor Fire Pit

Sunday

- **Kids Craft**: 10am-3pm, Game Room. Join us for a self-guided, kid-friendly craft!
- **Sierra Reptile Painting**, 3-5pm, Purchase from Recreation Desk (\$5 per snake). Learn about our local reptiles, while creating a fun take-away craft.
- **Rim Fire Talk**, 7pm, Guest Lounge. Join us as we discuss California's 5th largest wildfire, the 2013 Rim Fire, and its impact on the surrounding Stanislaus National Forest and Yosemite National Park.
- **S'mores**, 6pm-8pm, Outdoor Fire Pit