



# AUGUST 2019 RECREATION & ACTIVITIES

*(Schedule and activities subject to weather and changing conditions - visit the Recreation Desk for updates.)*





# GUIDED RECREATION

## TOURING & HIKING



### Wonders of Yosemite' Hike & Tour

Enjoy the beauty and grandeur of Yosemite during our unique combination of Yosemite Valley and Giant Sequoia guided naturalist tour. This two-in-one tour offers an unparalleled Yosemite experience, from dramatic waterfalls, endless wildflowers and stunning panoramas to a serene 3-mile hike to the Giant Sequoia trees.

*Reservations encouraged, 9:15am-5:30pm, \$175 per adult, \$95 per youth (8-12)*



### Yosemite Valley & Glacier Point Tour

The quintessential Yosemite tour. This wide-ranging tour takes you high above the Yosemite Valley floor to a magnificent vista, Glacier Point. Enjoy panoramic views of Yosemite Valley and Half Dome, then continue on with a memorable tour of the Valley, visiting impressive waterfalls, scenic vistas and other famous attractions. You'll have the option to enjoy a spectacular self-guided hike down the famous Four Mile Trail. This trip combines our popular Valley Tour with hiker drop-off and pick up.

*Reservations encouraged, 9:15am-5:30pm, \$175 per adult, \$95 per youth (4-12)*



### Big Trees Hike & Swim\*

Experience the unique beauty and majesty of the western Sierra on this half-day adventure to Yosemite's Giant Sequoias. This 3-mile round trip historic walk takes you along one of the first roads into Yosemite, past countless wildflowers and into a grove of Giant Sequoias, the largest living tree species on Earth! Just as the day starts to heat up we'll head deeper into Yosemite for lunch beside one of our favorite swimming holes.

*Reservations encouraged, 9:15am-2:30pm, \$150 per adult, \$80 per youth (8-12)*

*\*Swimming is dependent on water levels. Contact the Recreation Department for current water levels.*



### High Country Naturalist Tour\*

Experience the unforgettable, breathtaking and serene High Country. This special tour takes you to the Park's less traveled High Country, where we visit scenic vistas, take short walks and relax among pristine lakes, meadows, rivers, granite domes and peaks.

*Reservations encouraged, 8:45am-4:45pm, \$175 per adult, \$95 per youth (4-12)*

*\*Tour is dependent on Tioga Pass being open. Contact the Recreation Department for current road conditions.*



### Sunset Vista Happy Hour Tour (Departs from the Evergreen Lodge)

What better way to end your day in Yosemite than watching the last rays of the sun illuminate the majestic Tuolumne River Valley? Our guide will drive you up to a dramatic vista where you can relax with some wine (or a non-alcoholic beverage) and snack on a delicious cheese plate. Bring your camera to catch the amazing views, and maybe some twilight wildlife!

*Reservations encouraged, 7:30pm-9:30pm, \$55 per adult, \$30 per youth (12 and under)*

## RAFTING & FLY FISHING



### Rafting Trips on the Tuolumne & Merced Rivers

Experience the exhilaration of the finest whitewater rafting in the state on the beautiful Merced and Tuolumne Rivers (class III to V). Full and half day trips are available.

*Offered daily, times vary and prices start at \$119 per adult, \$108 per youth (10-17), visit the Recreation Desk for details and booking.*



### Private Full & Half Day Fly Fishing Trips

Our Private Fly Fishing trips allow every experience level to find just what they need in order to obtain the upper hand in the Yosemite area. Our knowledgeable outfitters get you away from all the crowds of Yosemite's main tourist attractions, as you fly fish in pristine locations around our beautiful park.

*Advance reservation required, visit the Recreation Desk for details. Private Half Day prices start at \$300, Private Full Day prices start at \$450*

### FOR AVAILABILITY & RESERVATIONS:

Visit [www.RushCreekLodge.com/Explore](http://www.RushCreekLodge.com/Explore); email [Recreation@RushCreekLodge.com](mailto:Recreation@RushCreekLodge.com); call (209) 379-2373 extension 3; or visit the Recreation Desk in the Guest Lounge.



## OTHER ACTIVITIES

### ONSITE FUN



#### Stargazing at Rush Creek

Experience the night sky like never before! Up close to nature's light show, you'll be gazing through our 12" aperture Dobsonian telescope with go-to tracking technology. Learn about constellations; observe planets, nebulas, galaxies, and other celestial wonders.

*Advance reservation required, \$35 per adult, \$15 per youth (ages 4 to 12). Contact the Recreation Desk for availability and details.*



#### California Craft Beer Tasting

Sample at least 4 beers indigenous to the Golden State while learning some brewing history to boot. Includes souvenir tasting glass and snacks. Must be 21 or older to participate.

*Advance reservation required, \$25 per person. Contact the Recreation Desk for availability and details.*



#### Glass Blowing Experience

Join our experts for an exciting introduction to the art of hot glass blowing. Let us guide you through the remarkable process required to create your very own piece of glass art. No experience is necessary for this mesmerizing ninety-minute class. All take-home glass pieces need overnight annealing (a cooling process) and will be ready for pick-up the next day.

*Advance reservation required, \$95 per person. Must be 8 years of age or older to participate, ages 8-16 require adult supervision. Contact the Recreation Desk for availability and details.*



#### Special Speaker

Tues 8/6 - Guest Lounge, 7pm: *Rylee's Reptiles*. Meet Rylee's animal friends up close and learn all about reptiles.



#### Live Music! Join us for live music by the Pool every Thursday!

- 8/1, 6pm: *Rich Sheldon*. Groovy jams and soulful blues
- 8/8, 6pm: *The Deadlies*. Upbeat surf rock
- 8/15, 6pm: *Steven Graves Band*. Americana roots rock
- 8/22, 6pm: *Little Muddy Instrumentals*. Funky rock and blues
- 8/29, 6pm: *Tommy Alexander*. Heartfelt indie rock

*Visit the Recreation Desk for information on additional live music happening at our sister property, Evergreen Lodge.*

### WELLNESS



#### Therapeutic Massage

Round out your Yosemite adventure with our talented team of certified massage therapists. Our revitalizing massages include a balancing Rush Creek Signature, relaxing Swedish, therapeutic Deep Tissue, soothing Hot Stone, and comforting Pregnancy massage. More treatments and enhancements are available.

*Advance reservation required, 25, 50 and 80-minute sessions available. Visit Recreation Desk for availability and details.*



#### Yoga Session

Join us for an energizing morning or rejuvenating sunset yoga session. We combine slow and fluid movements, muscle-strengthening poses, deep stretches and breath work. Classes are designed for all ability levels.

*Advance reservation required. \$30 per person. Visit Recreation Desk for availability and details.*



#### Small Group Boga Session

Try something innovative and fun: Bogafit aquatic fitness class! Our certified instructors combine the best aspects of yoga, Pilates, and boot camp workouts on floating mats in our heated saltwater pool! Exercise your core muscle groups while improving balance and coordination. It's the perfect fun fitness class for all levels, regardless of experience, and family-friendly too! Must be 5 years or older and know how to swim to participate. Under age youth must have an adult present.

*Advance Reservation Required, \$30 per person. Visit Recreation Desk for availability and details.*

# DAILY ACTIVITES



## Monday

- **Kids Craft:** 10am-3pm, Game Room. Join us for a self-guided, kid friendly craft!
- **Basket Weaving:** 3-5pm, Purchase from Recreation Desk (\$10 per basket). Participate in a traditional Miwok craft; weave your own reed basket to take home with you.
- **Yosemite Miwok Talk:** 7pm, Guest Lounge. Learn about the native Miwok of Yosemite and hear stories of their life and history in the valley.
- **S'mores:** 7pm-9pm, Outdoor Fire Pit. Classic campfire treat of marshmallow, chocolate and graham cracker toasted over an open fire.

## Tuesday

- **Kids Craft:** 10am-3pm, Game Room. Join us for a self-guided, kid friendly craft!
- **Tie Dye!** 3-5pm, \$20 includes logo t-shirt- Buy at Recreation Desk. Create a souvenir you can wear all summer to remind you of your Yosemite vacation.
- **Yosemite Trivia Night:** 7pm, Guest Lounge. Bring your friends and family to test your knowledge of this beautiful area. 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place prizes!
- **S'mores:** 7pm-9pm, Outdoor Fire Pit

## Wednesday

- **Kids Craft:** 10am-3pm, Game Room. Join us for a self-guided, kid friendly craft!
- **Animal Tracks:** 3-5pm, Game Room (\$10 per track). It's time to get creative, using clay and life size animal track molds, create your own imprint to take home
- **Rim Fire Talk:** 7pm, Guest Lounge. Learn the story behind the smoke. Join us as we discuss California's 5<sup>th</sup> largest wildfire, the 2013 Rim Fire, and its impact on the surrounding Stanislaus National Forest and Yosemite National Park.
- **S'mores:** 7pm-9pm, Outdoor Fire Pit

## Thursday

- **Kids Craft:** 10am-3pm, Game Room. Join us for a self-guided, kid friendly craft!
- **Owl Pellet Activity:** 3-5pm, Purchase from Recreation Desk (\$5 per pellet). Have you ever wondered what an owl has for dinner? Find out by dissecting an actual owl pellet in this fun hands-on activity.
- **Wildlife Talk:** 7pm, Guest Lounge. Learn about some of Yosemite's plants and animals.
- **S'mores:** 7pm-9pm, Outdoor Fire Pit

## Friday

- **Kids Craft:** 10am-3pm, Game Room. Join us for a self-guided, kid friendly craft!
- **Crack Your Own Geode:** 3-5pm, Purchase from Recreation Desk (\$10 per geode). Crack your very own geode and discover the crystals that lie within.
- **Rock Talk:** 7pm, Guest Lounge. Learn all about geology and how it plays into the beauty of Yosemite.
- **S'mores:** 7pm-9pm, Outdoor Fire Pit
- **Karaoke:** 9-12pm, Tavern. Bring your friends and family to join our host Sam for some sing-your-heart-out karaoke to a selection of thousands of songs and a ton of fun!

## Saturday

- **Kids Craft:** 10am-3pm, Game Room. Join us for a self-guided, kid friendly craft!
- **Tie Dye!** 3-5pm, \$20 includes logo t-shirt- Buy at Recreation Desk
- **Bingo!** 7pm, Guest Lounge. Great for the entire family. Win prizes!
- **S'mores:** 7pm-9pm, Outdoor Fire Pit

## Sunday

- **Kids Craft:** 10am-3pm, Game Room. Join us for a self-guided, kid friendly craft!
- **Sierra Reptile Painting:** 3-5pm, Purchase from Recreation Desk (\$5 per snake). Learn about our local reptiles while creating a fun take away during this self-guided craft.
- **Yosemite National Park Ranger Talk:** 7pm, Guest Lounge. Come enjoy a naturalist talk with an actual Yosemite National Park Ranger.
- **S'mores:** 7pm-9pm, Outdoor Fire Pit